

Mount Joy Lions Swim Team Registration form

FAMILY NAME:

SWIMMER	M/F	BIRTHDATE	AGE AS OF June 1st	SPECIAL NEEDS (MEDICAL/OTHER)	COST PER SWIMMER \$100
1					
2					
3					
4					

TOTAL: \$

PARENT INFORMATION	HOME #	CELL #	WORK #
FATHER:			
MOTHER:			
EMERGENCY CONTACT:			



HOME ADDRESS AND SCHOOL DISTRICT

HOME ADDRESS:	
SCHOOL DISTRICT:	

ADDITIONAL FEES

YES	NO	FAMILY BUYOUT: ADD \$40.00	\$40
YES	NO	SUB/SANDWICH ORDER (MIN OF 20 PER FAMILY)	<input type="checkbox"/> OBTAINED SUB ORDER FORM

CAP ORDERS

SINGLE CAP WITH NO NAME \$11 EACH	# OF CAPS _____	TOTAL \$ _____
PERSONALIZED CAP (MIN OF 2 CAPS) \$28 EACH SET	# OF SETS _____	TOTAL \$ _____
NAME ON CAP (print clearly):		

MAKE CHECKS PAYABLE TO: MOUNT JOY LIONS SWIM TEAM

MAIL TO: HEATHER ASHLEY, TREASURER
521 FLORIN AVE
MOUNT JOY, PA 17552

TOTAL AMOUNT DUE:	
CHECK NUMBER	
CASH	

MOUNT JOY SWIM TEAM

Parent Code of Conduct

As a parent of a swimmer and member of the Mount Joy Swim Team, I will abide by the following guidelines:

1. Practice teamwork with all parents, swimmers and coaches by supporting the values of Sportsmanship, Loyalty, Commitment and Hard Work.
2. As a parent, I will not coach or instruct the team or any swimmer or interfere with coaches at any time (practice, meets, invitationals). I WILL LET THE COACHES COACH.
3. Demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials and the coaches at meets and practices.
4. Maintain self-control at all times. Know my role.
Swimmers – Swim
Coaches – Coach
Officials – Officiate
Parents – Parent
5. As a parent, I understand that criticizing, name-calling, use of abusive language or gestures directed toward the coaches, officials, opposing team, and/or any participating swimmer will not be permitted or tolerated.
6. Enjoy involvement with the Mount Joy Swim Team by supporting the swimmers, coaches and other parents with positive communication and actions.
7. During competitions, questions or concerns regarding decisions made by meet officials are directed to a member of our coaching staff. Parents address officials via the coaching staff only.
8. I will support the coaches if my child(ren) violate their code of conduct and will discuss their actions with the coaches.

Sanctions. Should I conduct myself in such a way that brings discredit or discord to the Mount Joy Swim Team, I voluntarily subject myself to disciplinary action. The Mount Joy Swim Team maintains the right to terminate any membership with/without cause in the interest of our vision, mission and objectives.

Parent Signature _____

Date: _____

Print Parent Name _____

MOUNT JOY SWIM TEAM

Swimmer Code of Conduct

As a member of the Mount Joy Swim Team, I will abide by the following guidelines:

1. I will uphold the value of sportsmanship. In doing so I will not act disrespectfully towards any coach, official, swimmer from the Mount Joy Swim Team or another team, or any other individual involved with any aspect of the Mount Joy Swim Team.
2. Teamwork is the foundation of the Mount Joy Swim Team. I understand that my actions will either enhance or take away from the environment of teamwork at practice and at meets. I will enhance this environment by encouraging my teammates and maintaining a positive attitude. If I don't have something positive to say, I won't say anything at all.
3. Destruction of pool property or the property of teams we visit will not be tolerated under any circumstance.
4. I will participate fully in meet warm-ups. I understand that if I will be missing warm-ups for any reason I need to inform one of the coaches ahead of time. If I do miss warm-ups without informing one of the coaches I may be scratched from the meet.
5. Practice is an essential part of becoming a better swimmer. I understand the more regular my attendance the better swimmer I will become. I will fully participate in any dry-land activities.
6. If I arrive early for practice, I will wait quietly in the picnic table area until it is time for my practice to start. I will not disrupt the practice that is occurring while I wait.
7. I understand that the coaching staff has the final say on dual meet lineups. While I may ask to swim a certain event, that is not a guarantee I will swim that event. I will not refuse to swim an event.
8. I will be a responsible goodwill ambassador between the sport of swimming and the public, as well as represent the Mount Joy Swim Team in an appropriate manner.
9. I will respect the coaches and their coaching style. I will not talk back, refuse to practice, have a bad attitude or otherwise disrespect the coaches.

Sanctions. Should I conduct myself in such a way that brings discredit or discord to the Mount Joy Swim Team, I voluntarily subject myself to disciplinary action. Mount Joy Swim Team maintains the right to terminate any membership with/without cause in the interest of our vision, mission and objectives.

Swimmer #1 Signature _____ Date _____

Swimmer #2 Signature _____ Date _____

Swimmer #3 Signature _____ Date _____

Swimmer #4 Signature _____ Date _____

MOUNT JOY LIONS SWIM TEAM
WAIVER/RELEASE OF LIABILITY

***PLEASE READ CAREFULLY BEFORE SIGNING. THIS IS A RELEASE OF LIABILITY AND
WAIVER OF CERTAIN LEGAL RIGHTS.***

I, _____, the enrolled participant(s) as listed on the MOUNT JOY LIONS SWIM REGISTRATION FORM and/or the parent/guardian of the participant(s) agree and understand that swimming is a HAZARDOUS activity. I recognize that there are risks inherent in the sport of swimming, including but not limited to, paralyzing injuries and death.

The participant(s) hereby agrees to participate in the Mount Joy Lions Swim Club program and hereby agrees to indemnify and hold harmless Mount Joy Lions Swim Club, its coaches, officers, directors, agents, board and employees against any liability resulting from any injury that may occur to the participant(s) while participating in this program. The participant(s) also agrees to indemnify Mount Joy Lions Swim Club for any damages incurred arising from any claims, demand, action or cause of action by the participant(s).

The participant(s) authorize any representative of Mount Joy Lions Swim Club to have the participant(s) treated in any medical emergency during their participation in this program. Further, the participant(s) and/or parent/guardian agree to pay all costs associated with medical care and transportation for the participant(s).

I have noted on this form any medical/health problems of which the staff should be aware. I have also provided any essential medical insurance information.

**I HAVE CAREFULLY READ THE ABOVE LIABILITY RELEASE AND SIGN IT WITH FULL KNOWLEDGE
OF ITS CONTENTS AND SIGNIFICANCE.**

Signed: _____ Date _____
(Participant or Parent/Guardian)

Signed: _____ Date _____
(Participant or Parent/Guardian)

Insurance Information:

Policy Name: _____ **Policy Holder:** _____

Group Id or Number _____

Medical Conditions or Concerns:



R&K SUBS

Full service fundraising offering Italian subs and sandwiches since 2005

Classic 1-Page Order Form

Order #:	31585	Organization Name: Mount Joy Swim Team	Team / Homeroom / Teacher:
Order & Money Due Date:	05/01/2018		Phone #:
Delivery Date:	05/16/2018	Salesperson Name:	
Delivery Time:	5:00 PM		

Name	12" Italian Sub Roll							Pretzel Sandwiches						Total Subs			Total Sandwiches			TOTALS		
	Italian			Ham		Turkey		Italian	Ham & Cheese	Ham & Swiss	Turkey & Cheese	Roast Beef & Cheese	Sweet Lebanon Bologna & Cheese	Total Subs	Each	Total \$	Total Pretzel	Each	Total \$	Total Units	Total \$	
	With Onions	No Onions	With Onions & Peppers	With Onions	No Onions	With Onions	No Onions															
															\$5.50				\$4.75			
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															\$5.50				\$4.75			
TOTAL															\$5.50				\$4.75			

Ingredients:

- All subs prepared with individual packs of Lettuce, Tomatoes, Onions (optional), and include a condiment packet.
- Italian Sub and Italian Pretzel Sandwich are prepared with Cooked Ham, Cooked Salami, Hard Salami, and Provolone Cheese.
- All other Subs and Pretzel Sandwiches are prepared with White American Cheese, except the Ham & Swiss Pretzel Sandwich which is prepared with Swiss Cheese.



R&K SUBS

Full service fundraising offering Italian subs and sandwiches since 2005

Sub Order Form

Order #: 31585	Organization Name: Mount Joy Swim Team	Team / Homeroom / Teacher:
Order & Money Due Date: 05/01/2018		
Delivery Date: 05/16/2018	Salesperson Name:	Phone #:
Delivery Time: 5:00 PM		



Name	12" Italian Sub Roll											12" Whole Grain Roll		Total Subs	Each	Total Cost		
	Italian			Ham		Turkey		Roast Beef		American		Turkey w/Onion	All Cheese/Onion					
	With Onions	No Onions	Onions & Peppers	With Onions	No Onions	With Onions	No Onions	With Onions	No Onions	With Onions	No Onions							
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TOTAL																	\$5.50	

Ingredients:

- All subs prepared with individual packs of Lettuce, Tomatoes, Onions (optional), and include a condiment packet.
- Italian Sub is prepared with Cooked Ham, Cooked Salami, Hard Salami, and Provolone Cheese.
- Ham, Turkey, and Roast Beef Subs are prepared with White American Cheese.
- American Sub is prepared with Cooked Ham, Cooked Salami, Bologna, and White American Cheese.
- Subs prepared on **Whole Grain Roll**: Turkey with White American Cheese or an All Cheese Sub prepared with Provolone and White American Cheeses.


R&K SUBS
Full service fundraising offering Italian subs and sandwiches since 2005

Pretzel Sandwich Order Form

Order #:	31585	Organization Name:	Mount Joy Swim Team	Team / Homeroom / Teacher:
Order & Money Due Date:	05/01/2018	Salesperson Name:		Phone #:
Delivery Date:	05/16/2018			
Delivery Time:	5:00 PM			



Name	Pretzel Sandwiches										Total Pretzel	Each	Total Cost		
	Italian	Ham & Cheese	Ham & Swiss	Turkey & Cheese	Roast Beef & Cheese	Sweet Leb Bologna & Cheese	All Cheese	Chicken Salad	Egg Salad	Tuna Salad					
													\$4.75		
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TOTAL														\$4.75	

Ingredients:

- Condiment packet included with each sandwich.
- All sandwiches are prepared with White American Cheese, except:
 - Italian Pretzel Sandwich is prepared with Cooked Ham, Cooked Salami, Hard Salami, and Provolone Cheese
 - Ham & Swiss Pretzel Sandwich is prepared with Swiss Cheese.
 - All Cheese Pretzel Sandwich is prepared with Provolone and White American Cheeses.
- Chicken Salad, Egg Salad, and Tuna Salad, are not prepared with cheese.

Mount Joy Swim Team Whoopie Pie Fundraiser						
Family Name: _____						
Family Cell: _____						
Order Forms and Full Payment are Due to Julie Houck by 4/27/18						
Checks made payable to Mount Joy Swim Team						
Julie Houck, 621 School Lane, Mount Joy PA 17552, Cell 717-314-3514						
Delivery Date: 5/16/18						
Pickup will be at 5:00 PM in the parking lot of Trinity Lutheran Church, 47 West Main Street Mount Joy						
Whoopie Pies will be made at the Bakery of Hershey Farm Restaurant & Inn						
	Chocolate Shell		Pumpkin Shell			
	Classic Filling		Cream Cheese Filling			
	PB Filling					
Customer Name					Total Whoopie Pies	Total Owed
						\$2.50 Each
Grand Total						



THE MOUNT JOY SWIM TEAM IS A DIVISION 2 SWIM TEAM. OUR TEAM HAS 6-7 LEAGUE MEETS WITH A DIVISIONAL AND ALL LEAGUE CHAMPIONSHIPS MEET AT THE END TO THE SWIM SEASON.

TEAM ELIGIBILITY:

CHILDREN AGES 5 THROUGH GRADES 12 FROM ANY SCHOOL IN THE LANCASTER COUNTY AREA. THE SWIMMER SHOULD BE ABLE TO SWIM ONE LENGTH OF THE POOL.

PRACTICE SCHEDULE:

PRACTICES START IN THE EVENINGS ON MAY 21ST THRU JUNE 8TH.

STARTING JUNE 11TH THE PRACTICES ARE AT VARYING TIMES IN THE MORNING BASED ON AGE AND CONTINUE THROUGH THE END OF JULY.

MEET SCHEDULE:

MEETS ARE TYPICALLY HELD ON TUESDAYS AND THURSDAYS. ADDITIONAL INFORMATION CAN BE FOUND ON THE TEAM WEBSITE. mountjoyswimteam.org

COST:

\$100 PER SWIMMER WITH A MANDATORY FUND RAISER OR BUYOUT. MORE DETAILS WILL BE AVAILABLE AT SIGN UPS.

HOW TO SIGN UP:

SIGN UP ON APRIL 5TH 2018 AT SAINT MARKS CHURCH MOUNT JOY FROM 630-830PM. FORMS ARE AVAILABLE TO THE TEAM WEBSITE IF YOU ARE UNABLE TO ATTEND SIGN UPS. mountjoyswimteam.org

ADDITIONAL INFORMATION:

DUE TO THE CLOSING OF THE MOUNT JOY COMMUNITY POOL, THE TEAM WILL CONDUCT ALL PRACTICES AT THE ETOWN COLLEGE POOL.

THIS EVENT IS NOT OFFERED, SPONSORED OR ENDORSED BY THE DONEGAL SCHOOL DISTRICT